



MAZINGIRA BORA

May - June 2008 Edition Newsletter

ENGLISH VERSION



www.tist.org

The International Small Group and Tree Planting Program (TIST)

An Environmental, Sustainable Development and Community Forestry Program.

TIST Small Groups Now Receive Payments Through MPESA System.



Igwanjau TIST cluster farmers in a First cluster M-PESA meeting.

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TIST Small Groups Now Receive Payments Through MPESA System.

MPEESA system of paying our Small Groups is working! These are good news for our thousands Small Groups in our program.

Seven clusters in seven field offices have so far received payments. They include, Kithoka cluster under Chugu field office, Male cluster in Lamulia, Kimahuri cluster in Narumoro, Mpuri cluster in Wendo. Others are Igwanjau, Kinyaritha and Kibirichia clusters in Kirimara, Kinyaritha and Ntugi respectively. We have paid a total of Ksh 575,206 so far.

Others clusters that have not received payments will be paid in our second and third phase of payments that begins in June. We urge our Small Group members to be patient as we come to serve and pay you in your clusters.



Kithoka TIST cluster farmers in a First cluster MPESA meeting.

In our exit surveys, majority of our members have supported this system. Ann Wambui of Murumati Miti Small Group in Lamulia had this to say, "We are very impressed by this technology. We feel secure even as we 'carry' money home. As a group, we will first meet and decide how to utilize the money we received today – since it is safely kept in our 'phone bank'. This is certainly a best practice."

Before making payments, TIST officials will attend one of your cluster meetings to train your Small Groups how the system works. At this meeting, you will be given an opportunity to ask questions and make suggestions of how to improve the system. During this meeting, TIST officials will explain to you the basic requirements that your Small Group will meet in order to receive payments. For instance, your Small Group must have its trees counted by TIST quantifiers and total number of

trees in whole group should exceed 500. Second, your Small Group must have signed the Green House Gas contract and thirdly you should at all times abide by TIST values of Honesty, Transparency, Accuracy, Accountability, and Servant-hood.

To assure transparency, your Small Group will be required to produce your green house gas contract. This will be used later by TIST officials to verify your names and signatures to ascertain that you are true members of your group. We do not want strangers to come and impose as members of your group! If the Green House Gas contract has not been returned to you, TIST officials will bring it during this meeting. Then, your Small Group will be given a week's time to go and scrutinize whether the names in your contract are your true members.

Also, during this first meeting, each group that will be eligible for payment will be given an MPESA agreement form that you will be required to study and then sign. In this agreement form, you will be required to decide who amongst your members will be a custodian of the SIM card. Each group will be given one Safaricom SIM card. To enhance more transparency and accountability in your Small Group, a second person will be chosen to keep the MPESA pin number. This means, no single individual within a Small Group can withdraw group money alone.

A second meeting will follow a week later. At the same venue. Here, at least 3 members of your group must be present. They will be your signatories. At this meeting, TIST officials will now verify your names and signatures. Then, a Safaricom SIM card will be given to your Small Group and be registered under the name of your preferred/ chosen custodian. As mentioned above, we will require a second person from your group to be the custodian of the PIN number. The two must be people that you trust and are honest. We will then make payments to your Small Group SIM card.

It is a simple process that is safe, fast, secure, transparent and cost- effective.

When Nancy Karoki, a PIN custodian of Kamiti Women TIST Small Group, went to collect her group's money with Eva- SIM custodian- they were amazed at how the system work. Nancy says, "Our group received more that Ksh 25,000.00.



Since some of our members were far away, we decided to use the same system to send their share of money. It worked so fast and very efficiently. Every member in our group was satisfied. We thank TIST for this initiative.”

TIST always welcome your ideas. Please be free to give more ideas on how best this system can be improved. See our contacts at the back page of this newsletter.

Small Groups under Kinyaritha Field Office support M-PESA system.

When Kinyaritha Cluster received their tree payments through MPESA system, news spread like bushfire. Other clusters such as Mikunduri, Kagaene and Miathene became excited and anxious of this new system of paying the Small Group.

We, members of Kinyaritha field offices were impressed by the effectiveness of the system. It is safe, secure, cost- effective and transparent.

Initially, a section of farmers were doubtful of this system. Those who have never used MPESA facility got skeptical. However, after paying Kinyaritha Cluster, and farmers started withdrawing their monies from MPESA agents, majority were now convinced that it is a good system.

We now urge our Small Group members to plant more trees. And importantly, plant more fruit trees and indigenous trees. It is important to plant trees in spacing of 2 meters and above. Trees that will be planted in a less than 2 meters spacing will not be counted.

Mzee Zakayo M’Murithi says “After successfully withdrawing money for my Small Group, I got an idea how effective this system works. I have now registered my personal sim card which I use to send money to my daughter who is studying in a Nairobi college. I have now been relieved the hassles of sending money through friends or traveling to Nairobi to take her money.”

Importantly, Small Group members ought to be meeting regularly. They need to share ideas together and develop best practices for their group. They should not forget ‘kujengana’ for the leader and co-leader of the day. They should keep this spirit high. Cluster meetings are also important. Small Group must make sure that they send at least two representatives – in a rotational basis- to a cluster meeting. At cluster meetings, they will get updates and new information from TIST program. They will be able to ask questions and contribute to the growth of the program. Their concerns will be addressed.

At Kinyaritha cluster, a total of 26 Small Groups received payments in less than 5 hours.

Nyweri Cluster bringing together Small Groups in working together.

Nyweri cluster comprises of 40 Small Groups, all within a walking distance of 1 – 4 km. We are now in newly created Central Meru district.

boosted environmental services where some stream that had begun to dry are now rejuvenated. We now experience good rainfall unlike when our area was depleted of trees.

TIST program was introduced in our area in 2005. We received it warmly and appreciated its vision for our area. Since then, the number of Small Groups has continued to grow. We have 40 Small Groups so far. And still growing.

We hold our monthly cluster meetings at Mzee Robert Muthomi homestead, a member of PAA - A best Small Group. Members of PAA - A have continued to mentor us and encouraging us to work hard so as to attain the status of a best Small Group.



Nyweri TIST cluster farmers in their montly cluster meeting.

Since joining the program, we have witnessed our area improving tremendously in regard to environment. The new trees planted have



Through TIST incentive programme, many framers take tree farming seriously. The amount earned helps Small Groups to establish tree nurseries. Where a Small Group has surplus seedlings, it sells in the local market thereby boosting its incoming generation efforts.

We have also been trained on conservation farming. A significant number of our members have practiced it and they testify that it boost food production by 100%. Mr. Robert Muthoni says, “Last season, I harvested 7 bags of maize from a quarter acre piece of land. When using the conventional method, I used to harvest 3 bags.”

Nyweri cluster supports MPESA system of paying Small Group. We believe in embracing new and modern initiatives. We hope that the system will serve us better.



Members of Nyweri cluster taking porridge prepared from local roots crops such as arrowroots.

TIST reaches far flung areas of Igembe District.

When Mr. David Labuaru, an adult education tutor in Laare, heard that TIST program had reached his home area, he could not hide his joy. For a long time, he has been making request to TIST program officials to expand the program to Igembe.

Mr. Labuaru is hopeful that residents from their area are going to benefit a lot and importantly desist from straining the nearby Nyambene forest where majority fetch wood fuel.

He avers, “TIST program has come to rescue our forest – our ‘tank’ that provides us with water through streams springing from the hills.”

When Mary Wanyoike, a TSE leader assigned to expand the program in this area, held the first meeting here, she was overwhelmed by large number of farmers who were interested to join the program. So far, more that 120 Small Groups have been registered.

Areas that have so far been covered include; Laare, Igembe East, Igembe North, Mutuati, Igembe South, Igembe South- East, Igembe South- West, Ndoleli and Igembe Central. We are still on the move. To serve other areas as well.



Mary , IgembeTSE leader signing the TSE contract.

Mary’s Team that includes two other partners – Joseph Gituma and Jotham mwitiri – has embarked on intensive trainings in areas so far captured. Such trainings have focused mainly on Small Group formation, eligibility requirements for registration, nursery establishment and management, tree planting best practices- spacing etc, conservation farming, construction of energy efficient stoves among others.

Mary attributes the success she and her team has achieved to cooperation of the residents and interest they have for the program. “We cannot forget to enlist immense support we have received from Government Departments such as Agriculture, Forest, Adult Education, and Provincial Administration. Religious institutions have also played an important role in assuring us a success.” She adds. The team further gives special gratitude to Rev. Anampiu of Thitha Methodist Circuit for his superb support.

To reach our team and for more information, kindly call;

Mary Wanyoike – 0724 625 795
or Joseph Gituma – 0735 449 453
or Jotham Mutwiri – 0722 879 428.



Kabari Widows TIST Small Group looks into future with confidence.

We are a TSE Small Group. We are in Ngariama location of Kirinyaga district.

Our Small Group is mainly composed of widowed mothers. We have a vision to focus on a positive future whereby we want to secure better future for our children and ourselves.

We have 12 members. All widowed ladies who have a strong will and strength to better our environment.

When we heard of TIST program at first time, we knew that it was an opportunity for us to realize our goals. But then we had little information about TIST.

When Bernard Githui, a TSE leader in entire Kirinyaga district, introduced the program to us, we quickly embraced it and committed ourselves to work hard. He, together with his two other partners, Ms. Ann Wangui and Mr. Naftaly Muchiri, have been training us in a number of helpful topics. We have been taught about nursery preparation, conservation farming and a new leadership style in TIST Small Groups.

So far, we have established two trees nurseries with a total of 2,000 seedlings. Beginning next month, we plan to start transplanting them in our fields. The local chief has been of great support to us. We have been provided with fencing materials to fence around our tree nurseries. A major species we have put in our nurseries is an indigenous *Prunus africanas*, locally known as Muiria. It is a good tree for medicinal purposes as well as protecting the soil among other benefits.

We have started with two demonstration plots for conservation farming. They are our pilot project. We intend to replicate the experience to our own individual farms.

We are now encouraging our neighbours and fellow church members to join TIST program. A new Small Group, Ten Fingers, has now joined TIST. We want to recruit more.

TIST participates at NEMA Fair.

On 22nd - 24th May 2008, TIST Program was among other Non- Governmental Organizations and Government institutions that took part in an exhibition organized, courtesy of National Environmental Management Authority (NEMA) held in KICC Nairobi.

The theme of this fair was, 'Kick Carbon out of Kenya.'

TIST program, a leading global afforestation and re-afforestation program aimed at sequestration of carbon through tree planting, actively exhibited its technology in serving the small-scale farmers who have now benefited from the world carbon market.

The TIST stand was a bee hive of activity as guests, including Assistant Minister for Environment, Hon. Abraham Kiptanui and NEMA director, Mr. Mwinzi took interest to see how TIST technology works. Use of Palm held computer and GPS equipments fascinated many. Each day, TIST stand received over 1,000 guests.

TIST Quantifiers, Kimani and Duncan from Naro Moru represented TIST in this exhibition.

As many guests streamed into TIST stand, numerous requests were made to expand the program in North Rift, Lower Eastern, Western and Nyanza provinces. We are considering these requests and very soon we will have TIST program rolled out in their respective areas.

We are grateful to HELP international for their kind support and giving us a space.

TIST: The Best Practice in Conducting Weekly Meetings.

It is important too, for your Small Group to be having regular meetings. For instance, once a week or once after two weeks. This will give all members in your Small Group an opportunity to strengthen your group and also share and learn new ideas.



Meeting Schedule.

In managing our time better, a small group should have well-organized meeting schedule. This is important because it will help your small group keep focus of your agendas and other activities. Since we are farmers, time is important to us, and we need to make sure we hold efficient meetings that do not take up most of the day light hours.

During your meeting, it is necessary to focus on important issues. To be able to accomplish this, other TIST small groups have practiced the below steps when conducting their meetings;



Kibirichia TIST cluster farmers in a First cluster M-PESA meeting.

Step I.

Greetings and introductions for any new members (5 – 15 minutes): Make sure everyone feels welcomed. Make it brief but let each of you introduce himself or herself.

Step II.

Opening prayer (2 minutes): It is important to begin your meeting with a word of prayer. Keep it short.

Step III.

Songs (5 minutes): These could be songs written by your group, or songs that encourage people such as religious songs. A song sung by all will relax us and put us in a better mood.

Step IV.

Agreement on task and time (5 minutes): The leader explains what will be done in the meeting and the group members agree to do the task. The time spent should be agreed so that the co-leader can help keep the meeting on time.

Step V.

Group work on tasks (1 hour): Ideally the tasks should have been discussed at the end of the last meeting. Tasks might include sharing what each person has done to help TIST activities, sharing best practices, training and any other important issue that will help your small group to prosper.

Step VI.

Kujengana (5 minutes): Each group member makes one positive, specific statement to that week's leader about his or her observable leadership of the meeting. In addition, anyone may identify a gift seen in the leader.

Step VII.

Closing prayer (2 minutes): End your meeting with a word of pray.

TIST Kenya invites Small Groups members to prepare and submit their articles for publishing in this Newsletter. Such articles should feature activities carried out by your Small Group, Achievements, Success, Challenges and opportunities.

We would like to hear from you the benefits you have achieved since joining TIST and areas that you would like us improve.

To reach us, you can contact Joshua - 0724 - 255369, Martin -0722-846501. Email address joshuahirungu@tist.org, martinweru@tist.org.

You may also contact our Field Offices Staffs in Narumoro, Lamulia, Ntugi, Kinyaritha, Chugu, Wendo and Kirimara. We will be at your service.

Thank you.
Among the things you can give and still keep are your word, a smile, and a grateful heart.



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NOT FOR SALE.

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KIMERU VERSION

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Nandi tukundi tuniini twa TIST iturii mbeca na njira ya M-PESA



Amemba a cluster ya Igwanjau magithomithio njira ya kuriha ikundi kuhitura M-PESA.

- ♣ Nandi tukundi tuniini twa TIST iturii mbeca na njira ya M-PESA.
- ♣ Tukundi tuniini twa ubici ya Kinyaritha kugwatanira na marii ja njira ya M-PESA.
- ♣ Cluster ya Nyweri kureta tukundi tuniini amwe kenda barita ngugi bagwatanirite.
- ♣ TIST nandi niumbite gukinya kuraja ndene ya Igembe District.
- ♣ Gakundi kaniini ka Kabari wisows nandi igagutegeera igita riria rikeeja na guciitikia.
- ♣ TIST kwithirwa iri kiri NEMA Show.
- ♣ TIST Njira injega ya kuthithagia micemaio yetu ya o kiumia

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Nandi tukundi tuniini twa TIST iturii mbeba na njira ya M-PESA

Kurea ikundi na njira ya M-PESA nandi nikurita ngugi . Buu ni untu ugeni bubwega kiri tukundi ngiri inyingi twa TIST.

Mwanka nandi cluster mugwanja kuma kiri ubici cietu mugwanja nirii na njira iji. Iji ni Kithoka kuuma ubici ya Chugu, Male cluster ya Lamulia , Kimahuri cluster ya Narumoro, Mpuri cluster ya wendo. Ingi ni Igwanjau, Kinyaritha na Kibirichia iri clustene cia Kirimaara, Kinyaritha na Ntugi ithingatene.



Amemba a cluster ya Kithoka magithomithio njira ya kuriha ikundi kuhitura M-PESA.

Cluster iria itirii ikariwa ithiuruka ria jairi na jathatu riria rikwambiria Mweri ja June. Inkuria ikundi biumirie tontu no twijite kuburiira clustene cieniu.

Tutegete antu baria baingi ni baria bagwitikiria marii na njira iji. Ann Wambui wa gakundi ka Murumati Miti Small Group ka ubici ya Lamulia naugire uju.” Tukugwirirua njira iji mono. Itukwigua guti na ugwati tukamatite mbeba cietu tucianitie nja cietu. Turi gikundi tugacemania twitikanirie uria tugatumira mbeba cietu iria twariwa narua., tontu iciiki bwega ndene ya “Bank ya thimu.” Iji ni njira imwe injega ya kuthingata.”

Mbere ya kurea, ariti ngugi ba TIST bakamba kwija mbere kuburitana uria njira iji ikurita ngugi. Mucemanio juju bukaegwa kaanya gakeega ga kuria biuria na kumba gututetheria na mathuganio ja uria tumba kuthithia kenda njira iji ibua nkururuki. Mucemanione juju, ariti ngugi ba TIST bakaburitana mantu jaria jakwenekana kenda bumba kuriwa na njira iji . Kwa mung’uanano no mwanka miti ya gikundi kienu ithirwe itari ni Atari ba TIST na ithirwa iri nkuruki ya miti 500. Bwa jairi no mwanka gikundi kithirwe gicainite GHG Contract Form na bwa jathati no mwanka gikundi kithirwe kithingaitite mono mantu jaria TIST ikagiira ja kwithirwa uri mwitikua, muntu wa weru na mutumikiri wa bangi.

Kenda kumenyenkana kuri na weru, gikundi no mwanka kionanie form yenu ya contract. Iji igatumirwa ni staff ba TIST kung’uanithania caini kenda bona ati bau nibo amemba ba gikundi ba ma. Tutikwenda antu ageni beeja guciethia ati ni ba gikundi kienu. Bukethirwa butanenkerwe form yenu ya contract ariti ngugi be TIST bakaburetera mucemanione juju. Kuuma au, gikundi kienu gikaegwa kaanya ka kiumia kimwe gia gutegeera mariitwa bwega kethira bau nibo amemba eene ba gikundi kienu.

Angi, mucemanione juju, o gikundi kiria gikariwa mbeba na njira iji, gikaegwa form ya kujuriria kenda betikaniiria kuriwa na njira ya M-PESA iria bakathoma, na bumicaine. Kiri form iji, bugetikaniria nuu umwe kiri babwi ugeeka SIM CARD. Oo gikundi gikaegwa SIM CARD imwe ya Safaricom. Kenda kwithirwa kuri na weru na utari bubwega gikundine kienu, gikundi kienu gikathuura muntu ungi wa bairi uria ukanenkerwa namba ya PIN. Kwou ikwonesia gutirio muntu umwe wa gikundi akagiira mbeba ari wenka.

Mucemanio jungi jukathingata nyuma ya kiumia kingi kimwe oo au. Aja no mwanka antu bathatu ba gikundi bethirwe bari ku. Ibo bakabucainira. Kiri mucemanio juju, nirio ariti ngugi ba TIST bakag’uanithania mariitwa na caini.

Kuuma au, nio gikundi gikaegwa SIM CARD ya Safaricom na kuandikithua muntu uria bukethirwa buthurite abwikira SIM CARD. Ta uria kwirani au iguru, gukendekana muntu wa bairi uria ugekira gikundi namba ya PIN. Antu bau bobairi bethirwe bari baria bugwitikia. Kuuma au tugekira mbeba cia marii jenu kiri SIM CARD ya gakundi kienu.

Ni njira imputhu mono iria iti na ugwati, ya mpui, weru na ya ngarama inkai. Riria Nancy Karoki uria uri mwiki wa SIM CARD wa Kamiti Women Group, etire kujukia mbeba bari na Eva, mwiki wa namba ya PIN, ibarigarire mono uria njira iji ikurita ngugi. Nancy auga, “Gikundi gietu kiariri nkuruki ya Kshs.25,000 .Tontu amemba bamwe betu bamwe bari kuraaja twatumire njira o iji ya kubatumira mbeba ciao. Mbeba ciabakinyiire na mpui mono na njira injega mwanka amemba betu bonthe barang’anirwa. Itugucokeria TIST nkaatho na itugwitikaniria na njira iji. Itu igweni buri na uhuru bwa gutwa mathuganio uria njira iji tumba kumithithia kenda ibua nkuruki. Thimu cietu ugaciona nyuma ya gazeti iji.



Tukundi tuniini twa ubici ya Kinyaritha kugwatanira na marii ja njira ya M-PESA.

Riria cluster ya Kinyaritha yariirwe marii ja miti na njira ya M-PESA nkuma netambire ta mwanki jwa rugundu thaano. Clusters ingi ta Mikinduri, Kagaene na Miathene bari na hamu mono betereke njira iji njeru ya kurea ikundi.

Mberene arimi bamwe ibaari na nkanja na kurea kwa mthemba juju. Baria batatumira M-PESA ibaari na nkanja . indi cluster ya Kinyaritha ikuriwa na arimi bagiira mbece ciao kiri agent wa M-PESA, nkanja iciathirire na antu babaingi nandi ibagwitikia ati njira iji niyo njega.

Mukuru Zakayo Muriithi ariuga,” nyuma ya kumba kuritira gikundi gietu mbece ciao nirio ndaciukiirwe ati njira iji ni injega na nikurita ngugi bwega . nandi nkurugura SIM CARD yakwa iria ndatumagira mwari wakwa mbece College Nairobi, iria athomagira. Nandi nkunokua murigo jwa gutumagira acoore mbece na njara kana rugendo rwa gwita mwanka Nairobi kumwikiria mbece.”

Cluster ya Kinyaritha nkuruki ya ikundi 26 ibiariirwe mbece na mathaa jatigukinya jatano. Batwi turi ba ubici ya Kinyaritha itwagwirue mono ni uria njira iji ikumbikika. Ni njira iti na ugwati, njira injega ya weru na iti na ngarama.

Nandi itukuria tukundi tuniini twaande miti imingi. Nkuruki baande miti ya matunda na ya kienyeji. Kuri na bata kwaanda miti iri meter ijiri na nkuruki kuma muti mwanka jungi. Miti iria ikandwa itikinyitie meter ijiri gutaraniria ititarwa.

Kuri na ubatu bwa tukundi tuniini gucemanagia oo igita na igiita. Ibabwirite kugaanaga mathuganio na kwona jaria mega ja kuthingataga. Batibwirite kurirua na “gwakana” mutongeeria na muniini wawe wa ntuku iu. Ibabwirite gwika mathuganio jao iguru. Micemanio ya cluster iri gitumi mono.

Tukundi tuniini itubwirite gutumaga antu bairi micemanione ya cluster bakigarukanagia na njira ya kithiuruko. Micemanione ya cluster, niyo baritanagwa na kwirwa mantu jameeeri ja murandi jwa TIST. Ithagirwa bari na kaanya ga kuuria biuria na kwejana mathuganio ja gukuria TIST. Au nio mobatu jao jombaga kwingirua.

Cluster ya Nyweri kureta tukundi tuniini amwe kenda barita ngugi bagwaranirite.

Cluster ya Nyweri ithagirwa iri na tukundi tuniini 40, tunthe turi aria umba gwita na maguru, kilomita imwe mwanka inya. Turi District injeru ya Meru Central.

TIST yaambiririe mwakene jwa 2005. Twamiambiririe na inya mono niuntu bwa kioneki kia guku gwetu. Kuuma riu tukundi tuniini twambiria na mwanka nandi itukinyite ikundi 40 Na no tugwita na mbere tugukuraga.



Amemba a cluster ya Nyweri mari mucemanio wao wa o mweri.

Tuthithagiria micemanio yetu ya mweri nja ya mukuru umwe witagwa Robert Muthomi, mumemba wa gakundi kamwe gakeega geetagwa PAA-A. Amemba ba PAA-A ibetite na mbere gukamenyeera na gugekira mwoyo kenda komba gukara turi gakundi kaniini gakeega.

Kuuma tugutonya kiri TIST, itukujirite uria guntu guku gwetu gwitite na mbere gukibujaga. Miti iria twaandite imieru niambiritie kuthiithia guku gwetu mwanka nduuji iria irari ikwambiiria kugwa ciambiria gucokeera. Nandi itwambiririe kwona ngai nkuruki ya riria miti irari ikunyia.

Kumania na marii ja miti, antu ibambiritie kujukia waandi bwa miti na njira ya iguru nkuruki. Mbece iria bonaga nitumaga arimi bathithia nursery ciao. Riria gikundi kiri na mbeu, ya kwaanda na bagatigaria, ibendagia na bakomba kwongeeera ubatu bwao.

Ituritani urimi bubwega (CF). Amemba betu babaingi ibambiritie urimi bubu na ibagukujira ibukiiritie maketha jao na 100%. Mukuru Robert Muthomi ariuga,”Ngaine iria irathirire ndakethete nkunia 7 kuuma kiri robo ika ($\frac{1}{4}$ acre) na ntwire



guketha nkunia ithatu.

Cluster ya Nyweri nikwigika marii ja njira ya M-PESA. Itugwitikania na njira injeru iria cijjaga. Turi na njira iji igaturitira ngugi bwega.



Amemba a cluster ya Nyweri makinyua ucuru wa gukurugwo na mutu wa nduma.

TIST nandi niumbite gukinya kuraaja ndene ya Igembe District

Riria Mr. David Labuaru muritani wa kithomo kia antu baanene Laare, aigirue ati TIST igukinya kwao nja, atombire kwitha kugwirua kwagwe. Kuuma kagiita gakaraaja atwire akiuragia ariti ngugi ba TIST baikie murandi Igembe.

Mr. Labuaru ari na wirigiiri ati antu banau bakoona baita inene na batige kunogia mwitu jwa Nyambene juria juri akui nabo naria antu baria baingi baunaga nku. Ariuga “TIST ikwija kwonokia mwitu jwetu, “itangi” rietu riria ritwonagira ruuji kumania na ithima biria biumaga irimene.



Mary, Igembe TSE leader agikira kirore contract ya TSE.

Riria Mary Wanyoike wa TSE etikiririe gwikia TIST nao, narigarire mono riria athithirie mucemano jwagwe jwa mbere niuntu bwa wingi bwa arimi baria bendaga gutonya kiri TIST. Mwanka nandi, nkuruki

ya ikundi igana ria mirongo iri ibiciandikithitie.

Area iria ikinyiri mwanka nandi ni Laare ,Igembe East, Igembe North, Igembe South, Igembe South East, Igembe South West, Igembe Central na Mutuati. Turi rwirone kenda tumba kuritira bangi ngugi.

Bangi baria Mary aritaga ngugi nabo, Joseph Gituma na Jotham Mutwiri ibathithitie uritani bubwingi guntu kuu. Uritani buria bathithiritue na bwa uria kuthithagua tukundi tuniini biria biendekanaga muntu agiciandikithia kuthithia nursery ya miti na gwaka mariko jaria jatumagira nku inkai.

Mary ariuga biria bitumite kumbikika ni ngwataniro irea team yawe iri na atuuri banau na wiiru buria bari nabu bwa program “Tutiurirua ni inya iria twikiri ni Department cia thirikari ta ya urimi mwitu, kithomo kia antu bari kirira na wathani. Ikundi bia ndini kinya bio ibitumite twita na mbere nkuruki” Niu akwongeera. Team nigucokia nkatho cia mwanya kiri Rev. Anampiu wa Thitha Methodist Circuit niuntu bwa utethio bwagwe bunene.

Ukenda gutukinyira, ringa thimu iji –Mary Wanyoike-0724 625 975, Joseph Gituma -0735 449 453 kana Jotham Mutwiri -0722 879 428.

Gakundi kaniini ka Kabari Widows nandi igagutegeera igita riria rikeeja na guciitikia

Turi gikundi kia TSE. Turi ndene ya Location ya Ngariama Location District ya Kirinyaga.

Gikundi gietu ni kia eekuru ntigwa. Turi na kioneki kia gutegeera uria gukethirwa gukari kenda twi na aana batetheka igita riria rijite.

Turi Amemba ikumi na bairi. Twinthe turi aciere ntigwa tukigagua turi na inya niuntu bwa mazingira jetu.

Riria twaigirue TIST ria mbere, itwamenyere ati nirio kaanya getu gakinya ga kujuuria ubatu bwetu. Indi twaiji TIST aniini.

Riria Bernard Githui mutongereria wa TSE Kirinyaga kionthe aretere TIST, itwagwirirue na twaciejana kurita ngugi na inya. We amwe na aritithania bagwe ba ngugi, Anne Wangui na Naftali Muchiri ibombite



guturitana uritani bwa gututethia. Ituritani kuthithia nursery, urimi bubwega (cf) na utongeeria bwa ikundi bia TIST.

Mwanka nandi itumbite kuthithia nursery ijiri cia miti iria iri na mbeu ngiri ijiri. Kuuma mweri juu jwijite tukambiria kuthamiria mbeu cietu miundene yetu. Muniini wa Chief nethirite ari na utethio mono kiri batwi.

Nombite gutwa magiri ja kwirigira nurseries cietu. Muti jwetu juria juri nurserine kwa wingi ni mwiria. Ni muti jumwega niuntu ijumaga ndagwa, kurigiriria muthetu na baita ingi inyingi.

Itwambiritie tumiunda twiri twa urimi bubwega (cf) turi twa kugeria natu. Tugacoka twambirie ujuzi bubu miundene yetu. Itukuria atuuri na antu betu ba kanisa batonye kiri TIST . Gikundi gikieru “Ten Fingers” tayari igitonyete kiri TIST. Tugacwa bibingi.

TIST kwithirwa iri kiri NEMA Show

Kuuma tariki mirongo iri na ijiri mwanka tariki mirongo iri na inya mweri jwa itano mwakene juu turi jwa ngiri ijiri na inyanza, TIST irari imwe ya ikundi biria biti bia thirikari (NGO) nabia thirikari biria bironanagia ngugi iria baritaga ithuraniri ni National Environmental Management (NEMA) iria irari K.I.C.C Nairobi.

Yerekeria (theme) ni “Kick Carbon out of Kenya”, (Inga ruogo ruthuuku ruume Kenya)

TIST iria iri iguru mono na waandi bwa miti kenda yumba kunyia ruogo ruthuku nironanagia technology iria bari nayo iria batumagira kuritira ikundi ngugi baria mwanka nandi bombite kwona faida kiri biashara iju ya wendia bwa ruogo.

Kiri kibanda kia TIST ageni neka barakurukanaga. Umwe wa ageni bai ni Minister umunini wa Environment Hon. Abraham Kiptanui na mutongeria wa NEMA, Mr. Mwinzi uria wagwirirue ni kwona into biria TIST iritaga ngugi nabio. Utumiri bwa Computer ya njara (Palm Computer) na GPS ibiarigaririe babaingi mono. Oo ntuku kibanda kia TIST ikiithagirwa kiri na ageni nkuruki ya ngiri imwe.

Atari miti ba TIST (Kimani na Duncan) nibo bari aria TIST yeekite into biao. Oo uria ageni babaingi batonyaga kibandene kia TIST nou kwethagirwa kuri na iromba ria gwikia TIST North Rift, Lower Eastern, Western na Nyanza Province. No

tukuthuganiria iromba riri na kagita gati kuraaja TIST igakinya nau.

Turi na nkatho GUTETHIA nthiguru yonthe niuntu bwa gutugwata mbaru.

TIST: Njira injega ya kuthithagia micemaio yetu ya o kiumia.

Ni uritu bubwega Gikundi kieru kwithirwa gigicemanagia o kiumia kana nyuma ya biomia biiri. Uu gugagiteithia gwikira Gikundi kieru inya kenda buumbakuthoma thaantu jameeru.

Mutaratara jwa mucemanio:

Kenda tuumba gutumira mathaa yetu bwega thabwiri twira mibango jwa mathaa yetu. Kenda twimba kuthithia mantu yetu jarithe Gikundi gietu kibwiri kuthingata mantu joja micemanioine yetu.

Nkeethi na kumenyithania amemba babeeru kethirwa kuri bo (Dagika 5-15)

Tigiira aguciimenyinyania wegwa na agatwa ugeni.

Iromba ria mbere (dagika 2)

Ni untu bubwega kwambiria mucemanio na iromba.

Dwimbo (Dagika 5)

Dwimbo iji no cithirwe iri iria citungi ni amemba kana cia gwikira amembe inya.

Gwitikaniria kiri utumiri bwa mathaa (Dagika 5). Mutongerya okeera amembe ngugi iria ikanitwa ni amemba nabo beetikaniirie. Mathaa muteetheria omba gwika mathaa.

Kurita Ngugi (Dagika 60)

Mantu jaja jabwirite kwithirwa jaaririthe mutemanio muthiru. Ngugi iji ita; mathithio ja o muntu kuri TIST, urita kana mantu jangi jaria Gikundi kieru kiendekia. Gwakana (Dagika 5)

O mumemba akarita untu bubwega bwa mutongeria wa kiumia kiu na aritu bungwa kana untu buria wona kiri mutongeria uu.

Iromba ria kuthiria (Dagika 2)

Niuntu bubwega kuthiria mucemanio na iromba





MAZINGIRA BORA

Ngatheti ya mweri wa May - June 2008



www.tist.org

KIKUYU VERSION

The International Small Group and Tree Planting Program (TIST)

An Environmental, Sustainable Development and Community Forestry Program.

Ikundi nini cia TIST riu ciramukira mbecha kuhitukira M-Pesa.



Amemba a cluster ya Igwanjau magithomithio njira ya kuriha ikundi kuhitura M-PESA.

- ♣ Ikundi nini cia TIST riu ciramukira mbecha kuhitukira M-Pesa.
- ♣ **Gikundi kinini gia kinyaritha gukenera mutaratara wa marihi wa M-Pesa.**
- ♣ **Gikundi gia Nyweri** kunyithania tukundi tunini turute wira hamwe.
- ♣ **TIST** gutamaba nginya Igembe.
- ♣ **Kabari Widow** kugia na mwihoko wa matuko mathutha.
- ♣ TIST kugwatanira na **NEMA Fair**.
- ♣ **TIST: Mibango miega ya o wiki**



Ikundi nini cia TIST riu ciramukira mbecha kuhitukira M-Pesa.

Mubango wa MPESA wa kuriha ikundi nini niuraruta wira wega. Uu ni uhoro mwega muno kuri amemba makiria ma ngiri igiri a ikundi nini.

Ikundi mugwanja niamukirite marihi mao, ikundi ici nicio, Kithoka kuma wabichi ya chugu, Male kuma wabichi ya Lamulia, Kimahuri kuma wabichi ya Narumoro, Mpuri kuma wabichi ya Wendo. Ikundi ingi nita Igwanjau, Kinyaritha na Kibirichia kuma wabichi ya Kirimara, Kinyaritha na Ntugi.

Ikundi iria itamukirite marihi ni cikarihwo gitiribu gitu gia keru kiria gigakorwo mweri wa June. Turoria ikundi ici cieterere tondu nituguka kumuriha icigoini cianyu.



Amemba a cluster ya Kithoka magithomithio njira ya kuriha ikundi kuhitukira M-PESA.

Kuringana na utwiria witu, andu aingi nimanyitite mbaru mutaratara uyu wa marihi. Ann Wambui kuma Marumati wabichi ya Lamulia ari na uu wakuga “Nitukenete na tukagega ni utaaramu uyu. Tuiguaga turi na ugitiri munene muno tugikua mbecha tugathii nachio muchii.. Twitagikundi, tukwamba kubanga uria tukuhuthira mbecha ici twamukira umuthi- tondu ningitire wega thimuini citu. Kwaria ma uyu ni mutaratara mwega”

Mbere ya kwanjia kurihwo, atongoria a TIST makamba kumucherera mamuthomithie uria utaaramu uyu wa M-Pesa uraruta wira. Michemanioini ino nimukaheo kanya ga kuria ciuria na orohamwe na kuruta mawoni mangiteithiria kwagirithia mutaratara uyu wa marihi. Nimukamenyithio mabataro maria no nginya muhingie nigetha muhote kwamukira marihi. Ta ngerekano, miti yothe no nginya itarwo ni Atari a miti a TIST na ikorwo iri makiria ma 500 orogikundi. Wakeri, no nginya gikundi gikorwo ki-iguithaniirie na gigekira kiore GHG na wagatatu no nginya witikanirie na mawatho ma TIST nimo, Wihokeku,

utheri, waragania na utungata.

Nigetha guthingata waragania, ikundi nini no nginya cionanie uiguithaniria wa GHG. Thutha wabichi ya TIST niikahuthira uu nigetha kumenya kana aya nio amemba a gikundi giki. Totikwenda andu mateandikithitie moke matwe ati nia gikundi kianyu. Angikorwo uiguithaniria uyu nduchokeirio, nimukarehero ni arugamiriri a TIST muthenay ucio wa muchemani. Thutha ucio nimukaheo kiumia kimwe nigetha muthii murore kana acio nio amemba a gikundi kianyu.

Uromuchemanio-ini uyu, ikundi, iria cigakorwo ihingitie mawatho ni cikaheo fomu ya M-pesa iria mugathoma na muikire kiore. Hari fomu ino, ni mukandika uria urikoragwo arugamiriire kandi ya thimu. Gikundi kirikoragro na kandi imwe ya thimu. Niundu wa waragania na utheri gikundini kianyu, mundu ungi niarithuragwo aigage namba ya thiri ya M-Pesa. Uu nitakuga ati gutiri mundu wa gikundi kianyu angiruta mbecha ariwiki.

Muchemanio wa keru ugakorwo thutha wa kiumia kimwe na nonginya amemba makiria ma atatu a gikundi kianyu makorwo kwo. Noi marikiraga iore. Muchemanioini uyu noguo anene a TIST magekira na kinyimaritwa manyu na iore. Nimukaheo kandi ya thimu ya safaricom na inengerwo mundu umwe uria mugachagura. Ta uria tukugite hau mbere, nikuribatarikanaga mundu ungi wa keru wa kuigaga namba ya thiri. Andu acio eri nonginya makorwo mari andu mwihokete na mari na waragania. Thutha ucio ni tukariha gikundi kianyu kuhitukira thimu.

Ni mubango muhuthu, wanaihenya, wina ugitiri, waragania na mahuthiro manini.

Nancy Karoki, uria uigaga namba ya thiri ya gikundi kia Kamiti Women, riria mathire kuoya ambecha mari na Eva- uria uigaga kandi ya thimu ya gikundi ni mamakire muno kuona uria utaramu ucio uraruta wira. “Gikundi gitu kiamukirire makiria ma 25,000.00, na tondu amemba angi aitu makoragwo mari kuraya na kogwo twatumirire mutaratara uyu kumatumira mbecha ciao.” Ni njira yarutire wira wega muno. Mundo wotho wa gikundi gitu ni akenire ni mubango uyu. Turachokia ngatho niundu wa TIST.

Mundu orowotho ungikorwo na maoni mangiteithiria kwagirithia mutaratara uyu. Thutha wa ngatheti ino hari na namba iria ungitukinyiria.



Gikundi kinini gia kinyaritha Kunyita mbaru mutaratara wa marihi wa M-Pesa.

Riria amemba kuma wabichi ya Kinyaritha mamukirire marihi mao kuhitukira M-Pesa. Ndeto icio ciatambire na ihenya muno na ikundi nini cia Mikinduri, Kagaene na Miathene ni ciakenirio muno ni njira ino njeru.

Mbere kabitha arimi anini mari na nganja iguru ria mubango uyu. Aria matari mahuthira utaramu uyu wa Mpesa ni magiire na nganja. No thutha wa kuriha wabichi ya kinyaritha na makianjia kuruta mbecha kuma Mpesa, aingi a arimi aya nimetikirie utaaramu uyu.

Mzee Zakayo M'Murithi ouigire "Thutha wa kuruta mbecha cia gikundi giakwa kinini, ni ndagiire na umenyo uria utaaramu uyu uratuta wira. Riu ni nyandikithitie kandi yakwa ya thimu iria huthagira gutumira mwari wakwa uria urithukuru Nairobi. Riu ni njeguti-irio murigo wa gutuma mbecha kuhitukira arata kana ngetwara Nairobi."

Gikundini gia Kinyaritha makiria ma ikundi 26 niamukirire marihi machio hari kahinda ka mathaa Matano,. Ithui ta amemba a Wabichi ya Kinyaritha nitukenete muno ni utaaramu uyu niundu wina ugitiri, ni waraithi na wina utheri na waraganja.

Nituroria amemba a gikundi gitu mahande mitimakiria na makiria miti ya matunda na ya kinuire. Niwega kuhanda miti na utigana wa mita 2 kana makiria tondu miti iria irina utiganu wathiya mita 2 ndiritaragwo.

Niwega amemba machemanagie kaingi, nigetha makagayana maugi mithemba na mithemba.. na matikariganirwo ni 'kujengana' niundu wa mutongoria na munini wake. Michemani ya ikundi oronayo ni njega. Ikundi nini cionage ati niciatuma andu eri kana makiria michemanioini iyo. Nichemanioini ino nimarigiaga na makamenya maundu meru ma TIST. Nimarihotaga kwaririria maundu ma guteithiriria kwagiria TIST orona kana kuria ciuria. Maundu maya animariaririuo.

Cluster ya Nyweri kunyitithania tukundi tunini turute wira hamwe.

Cluster ya Nyweri gikoragwo kiri na ikundi nini 40 iria iri handu mundu angithii na maguru ha 1 – 4

km. riu turi gichigoini kieru kia Meru ya gatagati.

TIST yambiri-irie gicigoini gitu mwaka wa 2005. Twamiamukirire na ukunguiri munene na tugikena niundu wayo guka gicigoini gitu. Kumia hindi iyo nitukurite na riu turi na ikundi makiria ma 40.



Amemba a cluster ya Nyweri mari mucemano wao wa o mweri.

Tuthiaga michemano oromweri muchii kwa muthuri ti Robert Muthomi uria ukoragwo ari wa gikundi kinini gia PAA – A.. Amemba a PAA -A nimakoretwo magitumiriria nigetha tutwike gikundi kinini kiega.

Kumia twanjie mutaratara uyu nitwonete gicigo gitu gigikura makiria mwena wa maria matuthiururuki-irie. Njui nyingi iria cianjitie kuniara riu cirri na mai maingi niundu wa kuhanda miti. Riu nitwamukagira mbura nyingi gukira riria gutari miti.

Arimi aingi riu mahandaga miti mari na wirutiri munene kuhitukira TIST. Mbecha iria magiaga cihotithagia ikundi nini kuhanda tumimera tuingi. Riria gikundi kiagia na tumimera tuingi ni kiendagia na kogwo gikagia na mbecha makiria.

Nituthomithitio iguru ria urimi mwega. Arimi aingi aria mahuthirite urimi uyu mari na uira ati niwongagiriria irio na 100%. Ta uria muthuri Robert Muthoni aroiga, "Kimera githiru nindagethire ngonja mugwanja kumana na urimi uyu na mbere iyo ndagethaga ngonja ithatu."

Ithui ta gikundi kia Nyweri nituranyita mbaru utaaramu wa M-pesa na turehoka niugutwika wa guturehera maungu maingi meru na turehoka niugututungata wega.



Amemba a cluster ya Nyweri makinyua ucuru wa gukurugwo na mutu wa nduma.



TIST gutamaba nginya Igembe.

Riria muthuri ti David Labuaru kuma Laare, aiguire ati TIST ni itambite nginya kuu ari na gikeno kinene muno. Gwa kahinda karaya niakoretwo akiuria anene a TIST matheremie mutaratara ucio gichigoini giki.



Mary, Igembe TSE leader agikira kirore contract ya TSE.

Muthuri ti Labuaru arehoka TIST niikuguna aikari a gichigo giki namakiria irugamie wanangi wa mutitu wa Nyambene kuria aingi methaga ngu. Oigire, "TIST yukite kuhonokia mititu itu na matangi maitu kuhitukira mai ma njui."

Riria Mary Wanyoike, mutongoria umwe wa TSE agiire na muchemanio wambere gichigoini giki, niagegire ni gikundi kia andu aria meruti-ire kuingira TIST. Gukinyiria hau makiria ma ikundi 120 nini niciendakithitie.

Matura maria tukinyite riu ni Laare, Igembe East, Igembe North, Mutuati, Igembe South, Igembe South- East, Igembe South- West, Ndoleli na Igembe Central. Turi onjiraini gutamba nginya icigo ingi nyingi.

Gikundi giki kia Mary kiria gikoragro na Joseph Gituma na Jotham Mwitiri nimambitie guthomithania gichigoini icio nyandikithie. Urutani uyu makiria ni wa Uthondeki wa tukundi tunini, Mabataro ma wiandikithia, Tuta, Uhandi wa miti, Urimi mwega, waki wa mariko matahuthagira ngu nyingi hamwe na mangi maingi.

Mary nionanitie uria mathiite nambere mehamwe na timu yake kuri amemba orohamwe na kuonia aria maraingira TIST wendi munene. "tutingiriganirwo ni uria tunyititwo mbaru ni ikundi cia thirikari ta Ngirigacha, Mititu, Githomo kia andu

agima hamwe na utongoria wa matura. Makanitha oronamo nimatuteithiri-irie makiria." Arongereire aroiga, "Timu ino ni irachokia ngatho cia mwanya kuri Mutungatiri. Anampiu wa Thitha Methodist Circuit niundu wa ya uria atunyitite mbaru.

Niundu wa uhoro makiria iguru ria gikundi gitu no waranirie na Mary Wanyoike – 0724 625 795 or Joseph Gituma – 0735 449 453 kana Jotham Mutwiri – 0722 879 428.

Kabari Widow kugia na mwihoko wa matuko mathutha.

Turi a gikundi TSE na tumite gicigo gia Ngariama - Kirinyaga.

Gikundi gitu gikoragwo na makiria atumia a ndigwa. Twiruti-ire nigetha kwagiria miturire itu naya ciana citu.

Tukoragwo turi atumia 12 a ndigwa na meruti-ire kwagiria maria matuthiururuki-irie.

Riria twaiguire riambere iguru ria TIST nitwamenyire ati nikahinda kega gakumenya iroto cito unagutwika tutioi muno iguru ria TIST.

Riria Bernard Githui, umwe wa atongoria a TSE gichigoini giki Atari-irie iguru ria TIST, twanyitire TIST na wendo munene muno na tukianjia nakwirutira kunene muno. Githui hamwe na timu yake niyo mutimia ti Ann Wangui na Muthuri ti Naftaly Muchiri, niakoretwo magituthomithia iguru ria uhariria wa tuta, urimi mwega na mutaratara mweru wa utongoria.

Gukinyiria riu nituhanditi tuta igiri iria iri na tumimera 2,000 na turenda twanjie kumihanda mweri ukite. Chufu wa gichigo giki niakoretwo agituteithia makiria. Niatuteithitie na indo cia kugitira haria tuta citi iri. Muti umwe uria tuitite tutaini citu ni muiria uria nimwega na ndawa orohamwe na kunyitirira tiri.

Nitwanjitie kurima urimi mwega tuchigo twiri arinjira ya gutuonereria na thutha ucio mundu agathii ahuthire mutaratara uyu gwake mugundaini. Nituroria ameba a kanitha hamwe na andu angi a matura kuingira TIST Gikundi kinini gia, Ten Fingers, nikiingirite TIST. Turenda guthomithia makiria.



TIST kugwatanira na NEMA Fair.

Kuri mweri 22nd - 24th May 2008, TIST yari imwe ya ikundi iria itakoragwo iri cia githirikari. Hamwe na cia githirikari iria cio ire kanya hari wonania wahaririio ni Urugamiriri wa maria matuthiururuki-irie wa bururu (NEMA) iria yari KICC Nairobi.

Wanania uyu waragiriria iguru ria “Turuke Carvon nja ya Kenya.”

Mubango, uyu wa TIST uria ukoragwo uri wa kuhinda na guchokerera miti, ukoragwo uri wa kwagiria riera. Kuhitukira uhandi wa miti hamwe na guteithiriria arimi anini, aria riu mateithikite muno kumana na wendia uyu wa riera itheru.

Kibandaini kia TIST kiari na wira munene mumo makiria riria Minister wa urimi ti, Hon. Abraham Kiptanui na murugamiriri waNEMA muthuri ti Mwinzi monagio uria palm hamwe na GPS irutaga wira. Ormuthenya kipanda gia TIST nikiamukagira makiria ma andu 1,000.

Atari a miti nio Kimani na Duncan nio marugami-ri-ire TIST monanioini maya.

Ouria ageni aingi macheragira kipanda gia TIST noguo moragia uria TIST ingitherema nginya ichigoini cia North Rift, Lower Eastern, Western na Nyanza. Nituoete mawoni maya na njira nene muno na gwa kahinda kanini TIST ni igutamba nginya ichigoini ici.

Nitwiruti-ire guteithia aria marugamiri-ire mubango uyu niundu wa uria oronao matunyitite mbaru.

TIST: Mibango miega ya michemano ya o wiki.

Kwina bata munene inyui ikundi nini gukoragwo na micemano kaingi. Ta ngerekano, rimwe hari wiki kana rimwe thutha wa wiki igiri. Uu nigukuhe mweke mundu wothe wa gikundi kianyu gukuria gikundi orohamwe na kumenya maundu meru.

Mibango ya michemano.

Hari kubanga mathaa maitu wega, gikundi kinini kiagiri-ire gukorwo na michemano ibangitwo wega. Kwina bata munene muno tondu nigugutuma muikare mukimenyaga maria mukaririria na maundu mangi.

Thi-ini ya michemano, niwega guthingata maundu maria mabata. Nigetha muhote kurikia uu, ikundi ingi nini cia TIST ciekaga maundu maya riria cikoragwo namicemano.

NJIRA YA I.

Kugeithania na kumenyithania amemba eru. (ndagika 5 – 15): Ona ati mundu wothe niaiganira. woe kahinda kanini no wone ati mundu wothe niemenyekithania.

NJIRA YA II.

Mahoya ma kuhingura (ndagika 2): Niwega kwambiriria mucemano waku na mahoya. Reke makorwo mari makuhi.

NJIRA YA III.

Nyimbo (ndagika 5): Ici nocikorwo ari nyimbo ciandikitwo ni ikundi cianyu kana ikorwo ari nyimbo cia kugocha.

NJIRA YA IV.

Gwitikaniria wira na mathaa. (ndagika 5): Atongoria mataragiria uria gugwikwo mucemano-ini na andu a gikundi magetikira gwika uguo. Mathaa metikanirio nigetha mutabariri ahote kuiga mathaa.

NJIRA YA V.

Ikundi irute wira uria ihetwo. (Ithaa Rimwe): Wira uyu wagiriire gukorwo wabangitwo muchemano-ini muhituku. wira uyu no ukorwo ari gutariria uria mundu ekite guteithia TIST, kurutana oronakana maundu mangi ma bata maria maguteithiriria ikundi cianyu nini ikure.

NJIRA YA VI.

Kujengana (ndagika 5): Oro mumemba oige kaundu kamwe ka mwanya angikorwo onete muchemanoini oro na kana kiheo onete hari mutongoria.

NJIRA YA VII.

Mahoya ma kuhinga (ndagika 2):

