



THE TREE

The International Small Group
and Tree Planting Program

CLEAN AIR
ACTION
CORPORATION

TIST NEWSLETTER MAY 2021



One of the C.F plot of climbing beans in
Kabale -Kabanyonyi cluster.



Small group members after cluster meeting in Nyandongo Cluster



Some of the stationed energy saving cookstoves constructed in Northern Uganda



Transition from 3 fire stone to stationed energy saving cookstove

The TREE is a monthly newsletter Published by **TIST** Uganda, a project area of **The International Small Group and Tree Planting Program**.

MISSION STATEMENT:

TIST Uganda is a community initiative dedicated to empowering small groups of subsistence farmers to combat the devastating effects of deforestation, poverty and drought.

OBJECTIVE STATEMENT:

Combining sustainable development with carbon sequestration, TIST supports the reforestation efforts of over 25,000 subsistence farmers. Sales of carbon credits generate participant income while TIST today also addresses Agriculture, HIV/AIDS, Nutrition and Fuel Wood challenges.

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ENGLISH

DO NOT POLLUTE THE ENVIRONMENT WITH FACTORIES

God created people and put them in the earth to manage it. He also created so many things that attract the minds of people, but they never got satisfied with what He created.

They decided to create other things to satisfy their desires, of which some of them are like maize millers, tea factories and others, that pollute the environment through producing bad fumes (CO₂).

Therefore, I urge TIST members to embrace the program of planting trees, to reduce and finally finish bad fumes from the atmosphere, for the well-being of our offspring.

Fumes can bring us and our offspring diseases.

I therefore encourage other members to put in more effort in protecting and securing their groves, for their beneficial things like medicine, oxygen, and many others.

Finally, plant trees in your lands that have lost its fertility.

Mozati Twesigomwe-Kayonza-Mpungu cluster.

BOUNDARY PLANTING FOR LAND CONSERVATION

We community members of Ikamiro Community Land Conservation lead by Habyarimana John Bosco thank TIST family has helped us a lot to conserve the steepest hill sides of Matakara

Village. This hill side used to be the source and passage of running water that displaced many families and house hold properties and loss of lives.

Through TIST trainings on land Conservation, we have planted trees on land boundary, vertical trenches to reduce volume of running water and water catchment to hold water. Thanks TIST FAMILY

By Mubangizi Bruno-Kabale-Kabere cluster

IMPROVING AND INCREASING SOIL FERTILITY

FARMYARD MANURE: These are droppings of livestock and left over of feed and food. These must decompose well before it's applied to plants.

LIQUID MANURE: Get livestock droppings (1 basin), put in polythene bag tie it and deep in bucket of water for 1-2 weeks but keep shaking daily. After squeezing, you dilute in ratio of 1-3. Apply 3 times a week to plant. E.g. Tomatoes.

GREEN MANURE: These are usually leguminous plants which are planted and then ploughed down to decompose and give a lot of nutrients to soil. Eg Lablab etc.

PLANT TEA: These are plants leaves that are chopped and put in the bag, dipped in water, and left to ferment for 2 weeks. It's then squeezed and diluted in the ratio of 1-3 and applied to the base of the plants and crops.

By rev: Robert Ekeesit - Apuuton, Akurao and Toroma Clusters in Soroti



THE DANGEROUS DISEASE

Dear fellow Farmers and TIST family at large. Covid 19, Covid 19, Covid 19. The dangerous disease, the disease that kills. Therefore, this is my reminder, Follow Ministry of Health’s SOPS i.e., wearing masks, washing hands. Avoid hand-shaking in greetings. Always keep social distance. Always sanitize, most especially tangible objects like door handles and any other things.

Covid 19 is a dangerous disease. Together we can avoid the dangerous disease COVID19. God bless us all.

By Twesigye Edward-CS Kitagata- Bushenyi.

VCS-CCBA MONITORING PLAN

GREETINGS TO THE TIST UGANDA

Clean Air Action Corporation (CAAC) is pleased to announce its intent to validate and verify its project “TIST Program in Uganda VCS-CCB-011 under the Verified Carbon Standard (VCS) and Climate, Community and Biodiversity Alliance (CCBA) standards. This verification is for the period December 13th, 2003– March 17th, 2021. To receive the verification, CAAC must demonstrate, among other things, that TIST is beneficial to climate, community and biodiversity. CAAC has submitted Monitoring Reports (MR) to CCB and to AENOR International, S.A.U. (AENOR), a CCBA certified auditor.

We are also required to disseminate the monitor-

ing results. For those of you with internet access, including at the cyber café, we welcome you to visit this webpage where you will find the actual monitoring reports:

VCS-CCB 011: <https://registry.verra.org/app/projectDetail/VCS/2497>

Climate	VCS-CCB 011
PD Tonnes CO2	1,419,602t
Number of indigenous trees	17,422
Hectares of indigenous trees	47
Number of live trees planted by TIST Small Groups	2,806,763
Hectares of trees planted on steep hillsides	2,148
Hectares of riparian tree planting	39
Community	VCS-CCB 011
Number of Small Group members in PD (male and female):	6,151 (2,066 women, 3,937 men, remainder undifferentiated)
Number of Small Groups in PD	976
Number of community members in TIST Uganda	12,320 farmers
Number of Small Groups in TIST Uganda	1,859 Small Groups
Number of person-training sessions on natural resource management practices	2,205 men and 2,073 women
Total payments to community	USD 380,713
Number of person-training sessions on health. HIV/AIDS	43 men and 17 women
Number of person-training sessions on tree planting and biodiversity	3,314 men and 2,747 women
Number of live trees planted by TIST Small Groups in PD	2,806,763
Number of fruit or nut trees in PD	52,119
Number of eucalyptus trees in PD	222,981
Number of people employed by TIST or under contract to deliver services	75
Number of people receiving ICT Training	75
Average economic benefits per farmer	\$4,700
Number of vocational person-training sessions	18,184
Percentage of women in leadership positions	50%
Number of people accessing mobile money services	976
Number of people receiving healthcare	75
Hectares of trees planted on steep hillsides	2,148
Hectares of riparian tree planting	39
Biodiversity	VCS-CCB 011
Number of indigenous trees	17,422
Hectares of indigenous trees	47
Number of trees planted	2,806,763
HCVs impacted	2
Endangered/Vulnerable/Threatened Species planted	4

For those interested in making a comment, please use the link above or email registry@verra.org and reference which PD you are commenting on.

Notes: Training is person-sessions such as a Cluster meeting.

PA is a project area, a grove.

THANK YOU TIST FARMERS, CLUSTER SER-VANTS AND LEADERSHIP COUNCIL FOR MAK-ING THIS POSSIBLE!



RUNYAKORE

**MUTASHIISHA EBY'OBUHANGWA
N'AMAKORERO**

o Ruhanga akahanga abantu yaabata omunsi kugitegyeka. Akagaruka yaahangaho ebintu ebindi bingi ngu bishemeze omuntu, kwonka omuntu tiyaahaaga.

o Ruhanga akagaruka yaahangaho ebintu ebirukhwera abantu ahabw'ebyetengo byabo. Ebi ninka; ebyoma by'okusa ebicoori, fakitore z'amajaani n'ebindi kwonka byareetaho emyika mibi erikushiisha obuhangwa.

o Nahabwekyo TIST neshaba ba mamba baayo kukunda okubyara emiti mingi enyunyute emyika emibi omu mwanya kwenda ngu abaana baitu nyentsya batagira amagara mabi n'endwara.

o Nitushaba ba mamba kutamu amaani maingi kukuuma emisiri yaabo y'emiti ahabw'oburungi, nkemibazi orwoya oruturikwisya n'ebindi. Mubyare emiti aha mataka ganyu agahweiremu orwezo.

Nebya Mozati Twesigomwe-Kayonza Mpungu Cluster

**MUBYARE EMITI MINGI MURINDE
OBUHANGWA**

o Okutokooza orwoya: Orwoya, amaizi neitaka nibyetengwa okubyara emiti mingi erikubaasa kunyunyute orwoya orubi omu mwanya oruriku-reetwaho emyika y'amakorero n'emotoka.

o Okwotsya kwensi: Emikorere mibi yabantu ereeteire ensi n'amayanja gayosya munonga, ensi namayanja gakarangatana. Okubyara emiti mingi nikijja kuhwera kubobeeza ensi namayanja.

o Mureekye turinde ebibira n'ebisharara kwenda kurinda obuhangwa.

o Murekye turinde enyamishwa n'emiti n'ebirikurugamu kwenda ngu bitahwaho omu bwire bw'omumaisho ahakuba enyamaishwa n'ebimera nibituura kumwe

o Tubyare emiti mingi tugishangise eyanzarwa ahakuba nenyunyute orwoya orubi etuha oruruungi oruturikwisya.

**BYARA EMITI OMUSHARASHARO
KURINDA EITAKA**

o Itwe aba Ikamiro Community Land Conservation twebembeirwe Habyari-maana John Bosco nitwebaza TIST ahabw'okutuhwera tukabyara emiti aharushozi rwa Mutakara. Orushozi oru rukaba ruhweza omwegyemure, amaka n'amagara g'abantu gagyenderamu.

o TIST ekatushomesa kubyara emiti omurusharasharo kutangira eitaka butatwarwa amaizi nari omutunga mwebare aba TIST.

Nebya Mubangizi Bruno – Kabere cluster – Kabale.

OKUTUNGUURA ORWEZO RW'EITAKA

o Kasasiro erikuruga omu matungo: Amasha, obuhurunguru, n'amatotori bishemereire kurundanwa bikajunda otakabiteire omu misiri.

o Kasasiro y'amaizi: Gira ebaafu emwe yamasha, tamu ebaafu emwe y'amaizi, koma ahamutwe,guma nooshigishamu n'ekiti, kuheza esaabiiti 1-2, giihure ogite omu musiri nk'enyanya.

o Kasasiro eyakinyansi: egi ni kasasiro erikuruga omubimera, okagitaburirana, reeru ekajunda ekarugamu ekiriisa omwitaka.



o Amajani: Nootema amababi gaago, ogata omu kashaho otamu amaizi kuheza esaabiti 2-jwanza ebaafu 1 y'amababi omu domoora 2 reeru kubirajunde, obite aha bimera byawe

Nebya Rev. Robert Ekeesit – Apuutoni, Akurao and Toroma clusters – Soroti.

OBURWAIRE OBUKAMBWE

Abahingi ba TIST n'eka ya TIST yoonna nitubarabura oburwairwe bwa COVID-19 oburwaire oburikwita. Nahabwekyo mukuraire endagiriro y'ekitongore ky'ebyamagara: okujwara obukookoro aha maisho, munaabe engaro, mutakwatana omungaro, os-hutame hangahari namutaahi waawe, munaabe omungaro nomubazi (sanitiser) namunonga ahamunyoro nebindi.

COVID-19 neita. Tukwataniise nitwija kurwanisa COVID-19.

Nebya Twesigye Edward – CS Kitagata Bushenyi.

ENTEKATEEKA N'EBIRUGIRE OMUKUREEBUZA KWA VCS – CCBA

Nimbaramutsya aba TIST Uganda

Clean Air, Action Corporation (CAAC) nebshemerwa kuranga amakuru gokucondooza nokureebuuza purojekiti yaayo eyar TIST omu Uganda VCS – CCBA-011 ahansi yenkora eya verified carbon standard (CCS) na community and biodiversity, alliance standards okureebuza nikuza kukorwa kuruga 13/12/2003 kuza 7/3/2021 CAAC

neeza kworeka ngu enkora egi yaakorwa aba TIST kurabira omukutunguura embeera yobwire entuura yabantu nebirikurugamu.

CAAC neeza kuhayo amakuru aga omu ba CCB na AENOR International SAI abrikureebuuza enkora ya CCBA.

Amakuru aga nigaija kworekwa aha nitim-bagano yaza kanyabwengye ogwaVCS-CCB001:<https://11registry.verra.org/app/project/Detail/VCS/2497>.

Embera y'obwire	VCS-CCB 011
Pd TAANI Co2	1419602t
Obwingi bwemiti yenzaarwa	17422
Hiika zemiti yenzaarwa	47
Obwingi bwemiti ebyairwe aba TIST Uganda	2,806,763
Hiika zemiti ebyairwe ahanshozi	2,148
Hiika zemiti ebyairwe ahamyegyego	39
Ebikozirwe abantu	VCS-CCB 011
Obwingi bwaza guruupu enkye (abashaija nabakazi)	6151 abakazi 2066 Abashaija 3931
Obwingi bwaza guruupu enkye	976
Enamba ya guruupu enkye omu TIST Uganda	1859
Enamba yabantu abashomesibwe omu byobuhangwa	Abakazi 2205 Abashaija 2073
Empiha zoonna ezishashwirwe abantu boona	USD 380,713
Enamba yabantu abatendekirwe omu bamagara nakakooko ka siriimu	Abakazi 17 Abashaija 43
Enamba yabantu abatendekirwe omu kubyara ebemiti nebirikuruga omumiti nenyamaishwa	Abakazi 3314 Abakazi 2747
Emiti ebyairwe aba TIST Uganda	2,806,763
Enamba yemiti yebijuma	52119
Enamba yemiti yakarituusi	222,981
Enamba yabantu boona barikukora omu TIST	75
Abantu abrikushoma kanyabwengye	75
Okugyerageranisa amagoba gomuntu atungire omu TIST	Doora 4700
Enamba yamishomo yebyemikon	18184
Obucweka bwabakazi abri omubwebembezi	50%
Abantu abarikukoresa esiimu omubyesente	976
Abantu abrikutunga obuheereza bwebyamagara	75
Hiika zemiti ebyairwe ahanshozi	2148
Hiika zemiti ebyairwe ahamyegyego	39
Ebirikuruga omubihingwa nenyamaishwa	VCS-CCB 011
Emiti yenzaarwa	17422
Hiika zemiti yenzaarwa	47
Emiti yoonna ebyairwe	2,806,763
Akakwate ka HCVS	2
Ebika byemiti eri omukabi kokucwekyerera	4

Abarikwenda kugamba ahari ebi muze ahamutimbaga-no gwa email.registry@verra.org.

MWEBARE ABA TIST UGANDA, GURUUPU ZEM-PAGARA NABEBEMBEZI MWENA ABAHWEREIRE OMU NKORA EGI



ATESO

**MAM IMUNAMUNAETE IKWAMIN KEDE
IKOLERON ARAI BO ICUUMAN**

Abu Edeke kosub etunganan kibwaik toma akwap ka nu ngesi ayait. Abu da bobo kosub iboro ice lu ipu lu opotu kikamasi aijen na etunganan, konye mam apotu kisimonikinos kede angun nu asubit Edeke .

Abu etunganan da kitojok aisub iboro ice lu ipu ka nu aisimonikina ekec eipud , iboro ice kakesi ngesi icuuman lu iriete ekirididi, ikoleron/icuman lu apolok lu isomaete amajani ka ice da, lu emunamunaete ikwamin owai lo aitolomun apuru na aronon (carbondioxide)

Ka nu angun esinyikoikinit engo imweban luka TIST airokun ainapeta nuka aira ikito , ka nu aitidisiar ido awasia ke alemar apuru ngin na aronon kotoma okwam ka nu wok ajokis.

Eyauni apuru na adekasinei ne ija ooni kede wok iduwe

Esinyikoikinit engo luce imeban aswam kede agogong noi ka nu aanyun ebe eyuwarete kesi ikito kec ka nu adumuneta nu ipu nu eja okito kwape nat ikee, ekwam lo ajokan oxygen ka ace da.

Akere iraata ikito alupok kus nu adaun apusukuk

Mozati Twesigomwe – Kayonza – Mpunga cluster

**KIRAATA IKITO KA NU AITIDISIAR ATIO-
KISIO NU EPOLOK KOTOMA OKWAMIN**

Amunamunaro : Amunamunaro na ekwam , akipi ka alupok erai ibore yen ipuda ooni aira ikito lu enyamete ekwam ngon lo aronon carbon lo itolomunio toma okwam, akipi ka alupok . Ikoleron ka imotokan kesi iboro lu eyaunete apuru na aronon. Eraata ikito ayuwasi aijar.

Aitwamanauno na akwap: Eijulujule lo ekuse kwape nat amwanis na iriikina erai ka nu aswamisio nu etunganan kwape aitolom ekwam lo aronon, Aitwamanauno na akwap ikeuni amwanis kitoni angolololin lu apolok ka akwap da kere . Ne

iraya ooni ikito , ingarakini na aitidisiar ka ainyakun amwanis na akwap kwape kotoma aira ikito

Amunamunao na isuban ka Edeke: Amunamunao na isuban Edeke ngesi ibore idiope yen amuna atutubena wok . Ayuwasi isuban Edeke wok kwape nat amodingon ka isoma.

Eijulujule lo Ekuse : Erai ejulujule lo ekuse lo ikwamin ibore yen amuna akwap kotoma okaru lu ipu lu okau . Etakanuni na arai kepolor amwanis kotoma akwap . Nu kere itidisiaros arai kicamu ooni aira ikito lu ipu lu inyikokinitos aimat ekwam ngon lo aronon kotoma okwamin

Atwaniar naka itiang lu ais : Aswamisio nuka itunga esinyikoikisi adaun naka abilasia nuka itiang luka ais ka awuriar kec . ainapeta nu apotu kodautu imilionin nuka ikaru ka nu aitojokaario , ejaasi kwana erono . Ayuwasi itiang ka ikorion da kere narai ipudasi kesi nginidiope kanu aijar.

Amunamunao na amagoron : Amagoron wok kesi aiboisio nu emasete ekwam ngon lo aronon kotoma aidules koinakinetete da ooni ekwam lo ajokan lo iyenga ooni. Ingarakinitos ooni koipone lo aitililim akwap ka ayinakin ooni edou. Kira ooni ikito aiyatakin toma amodingon wok ingarakini aitalaun akwap

**AIRA IKITO TOMA OIKORU KA NU
AYUWARA NA ALUPOK**

Isio itunga lu aiboisit na ejenara kwape Ikamiiro, lu ijai toma aibunget na itunga lu eyuaritos isuban ka Eeke ingarenikite ejakait lo enyaritai Habyarimana John Bosco ngesi isiyalamikit ateker naka TIST ka nu aingarakin sio ayuwar aiboisio nu ejaasi toma oukona kwape nat ocalo lo Matakara . Karai aiboisit na na aminasi akipi noi karai ejaun akaale na kobu oyau ikalia nu ipu atwakiar ireria kec , aijar ka iboro da lu ebeitos kesi kimoriarite aijar da. Kotoma aitutorio naka TIST koipone lo aira ikito toma oikoruon ka ayuwaro na alupok , kipedo sio aira ikito lu oikoruon ka kidding misiri ka nu aitikitik akerit naka akipi nu ilotanarete alupok. EYALAMA ATEKER NAKA TIST



Ewadikan : Mubanguzi Bruno -Kabale – Kabere cluster.

AITOJOKAR KA AIYATAKIN APUSUKUK NAKA ALUPOK

EBOLIA LO AARET : Erai lo ebolia lo itolonuno kotoma aaret, asikei arai obar lo idis baren ka ikorion lu omisiri .Ekot kesi kobosiasi ejok eroko keweikina misiri

EBOLIA LO KIPI: Kodum asikei arai aworet akalaya adiopet , kilelebi akavera koyenik ido ki-doik toma apipa na akipi adaun isabiitin 1-2 konye kijanganari ngesi ngin paran . Kidau jo acun ngesi , koculok akipi iruana auni na ebolia lo icuu jo . kisikanak iruan auni esabiiti nejai irasit kwape nat enyanya

EBOLIA LO KWII: Erasi lu ikorion lu ekorikitai misiri kosodete akorikin kwap ka nu kesi abosiar ki-yatakinete ebolia toma alupok.kwape na t elablab.

EBOLIA LO MAJAANI: Eraasi lu akwii nu iraan nu etubitubitai kosodikinete aiturakin toma akavera ka ailumokin toma akipi kiboikin adaun isabiitin 2 . Akaulo ka ngin acun ngesi ido aiyatakin akipi toma ke ido da abukonokin kwap na iraan.

Ewadikan : Rev Robert Ekeesit- Apuuton , Akurao kede Toroma clusters Soroti

ADEKA NA ETIONO

Lu ipa akoriok ka da ekale loka TIST kere kotoma aileleba. Covid 19, Covid 19, Covid 19. Ariebo na etiono, ariebo na eyari. Kanu angun , erai na akaisitikinet ne ijaasi eesi , kotupata nu tupitono nu igirakin erionget loka angaleu kwape nat aingap adapaic aituk, ailot akanin, amamus ai-yoganakin koipone lo atironor akanin, ailainikina, aisik akanin wok kede ekia sanitaiza, kanoinoi aisik iboro kwape nat ikekia , imeesan ka luce da kere.

Erai Covid 19 ariebo na ededeng noi . Ooni kere nepepe ipedori aitikitik adeka ngin na ededeng naka COVID 19. Kisirereng Edeke eesi kere.

Ewadikan : Twesigye Edward ejaanakinan aibunget Kitagata -Bushenyi.

TOYONONA BUTONDE NA AMAKOLERO

Katonda yatonda omuntu namusa kungsi okujirabirila era na tonda ebintu bingi nyo ebisikiriza obwongo bwo omuntu, naye tebamatira nebyo bye yatonda

Baasalawo okukola ebintu ebibasanyusa ng' ebyuma bya kasooli, amakolero nga aga amajani, nebilala ebileta omuka omubi ogwonona obutonde nolwekyo nkubiriza ba memba ba TIST okwongera amanyi mu pologulamu yo kusimba emiiti, okuken-deza no okutirawo dala omukka ogwo, omubi (co2) olwobulungi bwa abaana na'baazukulu baffe.

Omukka ogwo omubi gutuletera endwadde nyingi nolwekyo nyongera okubiriza ba memba okuma, okulabirila no kuttasa enimiro zaffe eze emiiti olwe birungi oba emigaso emingi gye tufunamu nga eda-gala, omukka omulungi (oxygen) ne bilala

Nekisemba yo simba emiti mu takalyo eryagwamu obugimu.

Nze Mozati Twesigomwe Kayonza - Mpungu.

SIMBA EMITI OKUKENDEZA EBIZIBU BYOBUTONDE EBYAMANYI.

Okwonona obutonde:

okwonona omukka, amazzi ne takka ekitwetagisa okusimba emiiti egirya omukka omubi ogutebwa mu bbanga mazzi ne mutakka.

Amakolero n'omukka gwe motoka bye bi namba emu mu kwonona obutonde.

Simba emiiti owonye obulamu.

Okubuguma Kwensi:

okubuguma kwensi kuletebwa engeri enbi gyetwey-isamu nga twonona obutonde ekiretera enyaja ne ensi okubuguma bwe tusimba emiiti kiyamba mu kukendeza kubuzibu obwo.

Okutataganya ebifo ebyatondebwa:

Okutataganya ebifo nga ebibira, olutobazi kye kimu ku byamanyi ebyonona obutonde. Tugezeko okuwonya ebibira nentobazi



Enkyuka kyuka ye mbera yobudde bwensi:

Enkyuka kyuka yembera yobudde bwensi nakyo kye kimu ku kizibu kyo butonde bwensi oboludde nga butawanya ensi, kijja nga waliwo okubuguma kwensi naye obuzibu buno nabwo busobola okukendezebwa nga emiiti gisimbidwa mubungi

Okukendeza no kusanyawo ebitonde:

Kino kizewe nyo olweneyisa yo muntu nga ebika bye bimela, ebinyoyi ne bisolo bikendezebwa olwokuba nti buli kimu kyetaga kinakyo okubawo. Tugezeke okuwonya emiiti ne bisolo era nga tusimba emiiti

Okusanyawo emiiti /ebibira:

Ebibira byaffe kyekyobutonde ekirya omukka omubi ate ne kileta omukka omulungi, mumbera eyo ne gilongosa obutonde nga gutereza mubbugumu nokuleta enkuba. Bwe tusimba emiiti emingi nga twongereza kubibira ebintonde, obutonde bujja kuterezebwa.

Okusimba emiti ku nsalo salo okukuma ettaka:

Ffe abatuze be ikumiiro community land conservation ekikuleberwa Habyarimana John Bosco twebaza TIST, etuyambye nyo okukuma ettaka lyo kumabali go lusozi ku kyalo kye matakara.

Ettaka lino emabega awo libadde ekubo lyamazzi aga kulukutanga negasengula amaka mangi ne bintu byabwe no kufilwa obulamu.

Okuyiita mu misomo gya TIST mu kukozeza etaka obulungi, tusimbye emiiti kulusalosalo ne mubukyika bwe nkonko, okukendeza kumazzi agakuluta. Webale TIST

Bya Mubangizi Bruno

Ekabere -Kabale.

OKULONGOSA NO OKWONGERA MU BUGIMU BWETAKKA

Ekigimusa kyoku duundi: kino kye kigimusa ekiva mu buubi bwebisolo ne ebisigalira byemmere ku duundi. Bino birina okulwawoko okumala akasera nga tonabisa ku kimela

Ekigimusa kyamazzi:

Funa baafu emu ey'obuubi bwebisolo, teka mukavera osibeko, binyike mu peyilo yamazzi okumala ewiki 1 – 2 naye binenyemu buli lunaku nga omaze okubikamula mu mazzi, ekigero kya 1 – 3, teka ku kimera nga enyanya emirundi 3 buli wikii

Ekigimusa ekyakilagala

Kino kikolebwa mu bimela nga omudo ogugonda nga gusimbibwa, ate ne gukoleebwa negumala okuvunda awo negukola ekigimusa ekirungi

Ekigimusa ekiva mumajani

Amakoola ganogebwa ne gatemebwa temebwamu awo ne gatebwa mukisawo neganyikibwa mu mazzi negalekebamu okumala wiki biri .

awo nebikamulwa mumazzi mukigero kye bitundu tundu 1 – 3 awo ne kiryoka kitekebwa wansi we kimela.

Bya Rev. Robert Ekeesit

Katakuri / Soroti

OBULWADDE OBWA MANYI

Abalungi balimi banange ne ba TIST memba mwena covid-19, covid-19, covid-19 obulwadde obwobulabe, obulwadde obutta nolwekyo kuno kubajukiza, gobelera amateka ga bakungu be byobulamu, nga okwambala akakokolo (masiki) okunaba engalo bulikisera, wewale okukwata mungalo nga obbuza, bulikisera wewe amabanga, yiisa sanitayiza mungalo ne kubintu ebikwatibwako nga enziji nebilala.

Covid-19 bulwadde bwabulabe nyo

Nga tuliwamu tusobola okwewonya obulwadde obwobulabe nyo nga covid-19

Katonda atubere ffena

Bya Twesigye Edward

CS Kitagata - Bushenyi



LUO

**PE IBAL KABEDO MA ORUMU-WA KI
ADUKI MARACH MA A KI I CUMA ME
YUBU JAMI**

Lubanga ocweyo dano, ci oketo-gi I lobo wek gug-woki. En bene ocweyo jami mukene mapol ataa ma ywayo tam pa dano, ento dano pe oyeng ki ngo ma Lubanga ocweyo-ni.

Oweko dano ocako tiyo jami mogo me cobo miti-gi ma ikine tye iye Cuma me rego anyogi, mucele, me yubu majan, ki mukene mapol ataa, ma balo kabedo ma orumu-wa niwoki yamo marac (CO₂) ma gicwalo malo. Pi meno, wacuku cwiny lupur pa TIST me jolo lok me pito yen, wek yen megi-ni okwany yamo marac-ci (CO₂) woko ki I kabedo ma orumu-wa, man pi ber pa anyim pa lutino-wa. Yamo marac man twero kelo two it-wa, wa ki lutino-wa.

Piman, omyero waketo tek me dano weng me pito yadi ki gwoko poti yadi-gi, wek okel yamo maber mamiyo yot kom.

Gicuku cwiny lupur me pito yen I poto cam ma dong giweko pi pe pa moce.

Man Mozati Twesigomwe, latic me Mpungu cluster, aye ocoyo.

**PIT YEN WEK IDWOK BALE PA KABEDO
MA ORUMU-WA PINY**

Wolo-piny: Wolo onyo balo yamo, pii ki ngom, obedo gin ma omyero walweny ikom-gi ki pito yen ma kwanyo carbondioxide (yamo) ma gicwalo malo, I pii ki I ngom. Cuma madongo me tic ki mutoka ma cwalo yamo marac ki I ot ito-ne, gin aye obedo jami mabalo kabedo ma orumu-wa waloyo. Pit yen wek I gwok kwo pa dano. Alokalo piny marac macalo lyeto pa wilobo bino macalo adwogi marac ma aa ki I tic pa dano, macalo cwalo yamo marac/ malyet malo. Lyeto pa wilobo medo lyeto pa nam madongo ki pa ngom. Ka I pito yen ci yen kwanyo yamo maraca-ni woki, weko wilobo bedo ma okwee.

Balo jami maka nget-wa ma Lubanga omiyo ni wati kwede medo bene lyeto pa wilobo, labole, balo bunga, balo dog kulu wagwoku jami magi wek wagwok kabedo ma orumu-wa

Alokalo I cwer pa kot ki ryeny pa ceng bene medo lyeto pa wilobo, ma ka wapito yen, ci kw-eyo piny. Rwenyo pa kwai jami mapol makwo, ma kony-gi, tye I gwoko kabedo ma orumu-wa labole, jami malak ki mabedo I ngom, ma gin aye konyo bene I gwoko kabedo ma orumu-wa

Tongo yen ki I bunga labongo paro pigi obedo bene yoo me medo lyeto pa wilobo, pien yen kwanyo yamo ma medo lyeto pa wilobo woko, ki I yamo, omyero wajuko tongo bunga balo-gi woko.

PITO YEN I WANG ACOR PI GWOKO NGOM

Wan dano me Ikamiiro Land conservation, ma ngat ma telo-wa obedo Habyarimana John Bosco, wapwoyo TIST tutwal, pien okonyo wa me gwoko ngom ma tye I bad cere me matakara. Ikare macon, kabedo man onongo obedo ka mol pa kalele marac adada, ento kombedi dong wapiti iye yadi macalo apoki me wang acor.

Watongo bene bur me dwoko rwom me mol pa kalele piny. Pwoc bot dog gang pa TIST.

Man Mubangizi Bruno, lakwan yen me Kibere cluster aye ocoyo

MEDO MOC NGOM KI GWOKO-NE

Cet pa lee ki yugi ma top ki I poto kelo moc ngom maber. Yugi ma omyero giwek otop maber giket I poto.

MOC NGOM MAPIGE

Cok cet dyang onyo dyel bab1

Ket I kavera ci iket I basket me pii pi cabit 2, ento iyeng nino ki nino ka dong ibiyo, ci irub acel I kom adek, ka dong iter I tee yat magoro macalo nyanya

Man Rev. Robert Ekessit me Soroti aye ocoyo

RAC PA TWO COVID 19

Lupur luwota, ki jo ma I TIST weng, covid 19 neko dano, dok tye ada, man me poyo wiwu ni yoo me gwoke ma gang-tic me yotkum oketo pud tye ka tic gin aye:-

Ruku laum dok ki um, lwoko cing ki pi ki cabun, pe moto cing , gwoko boo piny ma ikin-wa, kiro kama gimaro makone calo dogola.

Kacelo watwero juuko dwo Covid 19

Man Twesigye Edward me Bushenyi aye ocoyo



KISWAHILI

USII CHAFUE MAZINGIRA NA MAVII WANDA.

- Mungu aliumba waatu na akawaweka Kwa nchii wa isiimamie. Natena aliumba vitu mingi yenye navuta mawazo yawaatu, lakini wajapata kushibishwa na chenye alii waumbiya.
- Waka hamua kuje umbia vitu nyingine ya kushibisha hamu yao, na kwa vitu hiizi ni-chuma ya kushaga maindi, kiwanda ya majani chai na nyingine mingi, yenye ina chafua mazingira kwakupitia kuuza vumbi mbaya(co2).
- Sasa nawaomba wanachama wa TIST ku karibisha mpango ya kupanda mtii,kwa kupunguza na kumaliza vumbi mbaya kutoka kwa Anga, na kwa jili ya usalaama na ubora ya uzao wetu.
- Vumbi mbaya ina weza kutuletea sisi na uzao wetu ugonjwa.
- Sasa Nina wahamasisha wanachama wengine kutia nguvu mingi kwa kulinda mashamba Zao kwa jili ya faida Yao sasa Dawa,hewa ya okisigeni (oxygen) na yingine mingi sana.
- Hatimaye, panda mtii kwa Ardhi yenye ime poteza uzazi.

Na.mozati Twesigomwe-kayonza-mungu cluster.

PANDA MTII NDIE UPUNGUZE MATATIZO KUU YA MAZINGIRA.

- Uchafuzi wa mazingira:kwajili ya Uchafuzi ya hewa,maji na udongo tunayitaji kupanda mtii yenye ina kula kaboni yenye ina zungukia kwa Anga, maji na kwa Ardhi. Viwanda na magari ndie namba moja kwa kuchafusa mazingira,panda mtii na uokoe maisha.
- Kuongezeka la jooto kwa kimataifa: mabadiliko ya hali ya hewa sasa kuongezeka la jooto ni matokeo ya mazoezi ya wanna damu sasa chafu ya nyumba ya majani,Gesi.
- Uongezeka la jooto ina late jooto ya bahari kuuamuka na kwa soo ya ichi .name una panda mtii, hii ita punguza tatizo ya jooto la bahari yenye ina hamuka kwajili ya kukosea chakupoesha sasa mtii.

- Kupungua kwa Rasilimali:hii ni tatizo mupya kwa mazingira yetu. Sasa tulinde ma rasimali yetu sasa msitu. Na kinamasi.
- Ma badiliko ya hali ya hewa:hii pia ni tatizo kwa mazingira, yenye ime maliza muda murefu, ina kuja kwajili ya kuongezeka ya jooto.,hii Tatizo ina wezwa kupunguzwa na kupanda mtii, ya kupunguza hidadi na kiasi ya kaboni iliye aribiwa kwa Anga.
- Hasara ya kibiotofauti:shughuli ya binadamu ndie ina uongezea kutoweka ya Aina ya mbegu na makazi pamoja na hasara ya kibiotofati.
- Mfumo ya kiuchumi:yenye ilichukua miaka ma milioni kwa kamili,ziko kwa hatari kama Aina ya mbegu yoyote ,ina chafuza na hewa mbaya ,hi ina punguza. Sasa tulinde mnyama na vimea kwajili viote vina hitajikiana kwa kuongea maisha.

Ukataji ya mtii:msitu yetu ni kuzama ya Asili kwa hewa mbaya na kuuza hewa nzuri, na tena ina tusaidia kwa kudhibitisha hali ya jooto na mvua. wakati tunapanda mtii mingi tukiongea msitu ya Asili, na Anga ya mazingira ita kua safi kwa kucha-fushwa.

KUPANDA MPAKA KWA KUHFADHI ARDHI.

Sisi wanachama kwa jamii ya Ikamiiro-kama tuna ongozwa na-Habyarimana John bosco, nashukuru familia ya TIST ,ime tusaidia sana kwa kuhifadhi mwinuko,ya milima kwajili ya katakana.Hii kilimo tangu ilikua kituo na kitungu yenye maji ina kimbilia kuhamisha maboma na mafamilia,waka poteza vitu na uzima. Kupitia kwa manfunzo ya TIST kwajili ya kuhibiti Ardhi, tume panda mtii kwa mpaka ya Ardhi yetu, na mifureji ya kupunguza wingi wa maji na vyanza vya kushoka maji.Asante kwa familia ya TIST. Na.-mubangizi Bruno-kabale-kabere cluster.



KUBOresha na Kuongezea Uzazi kwa Udongo.

- **SAMADI YA MBOLEA:** Hii ni mifugo na malisho ya chakula ya mnyama ill baki na kuanguka chini, hii lazima iozee vizuri Kabul ijawekwa kwa kilimo.
- **MBOLEA YA UKWAZI:** pata mifugo ya mnyama (basheni1),weka kwa gunia funga na uyingize kwa ndoo ya maji, tafadali imalize wiiki1-2,lakini uhiitingishe kila Sikh.badae ya kubana uondoke na kwa uwiano ya 1-3. tumia mara3 kila wiiki kwa kilimo sasa yanyah.
- **MBOLEA YA KIJANI:** Hii ni kimea ya kawaida kwa jamii ya kunde ,yenye ina pandiwa na tena ina limiwa chini kwa kuoza na ina pea madini kwa udongo sasa lablab na zingine nyingi(e.t.c)
- **PANDA MAJANI CHAI:** Hii ni vimea ilio katwa kijani yakenakuwekwa ndani ya ghunia,nauyingize kwa maji ,na hii wachwe kwa wiiki2,alafu inakaamuliwa na uondikana kwa uwiana1-3,nautumie kwajili Aina ya vimea nakilimo.Na.Rev.Robert ekeesit-apuuton, Akurao na toroma cluster kwa soroti.
- **UGONJWA HATARI:** Wapenzi walimaji wenzangu na familia ya TIST kwajumula. Covid 19,covid 19,covid 19,hii ugonjwa hatari sana,ugonjwa iliouwaa,sasa hii ni ukumbusho yangu, fatilieni sheria ZA wizarah ya afya(sop's)sasa, kuva barakoa,kusafishamkono, jiepuka na sehemu ZA kushikana mkono. Linda umbalii na jamii, diima kumsafisha, mlango, vishiko ya mlango na vitu nyingine. Covid19 ni ugonjwa hatari sasa sisi wote pamoja tuna wezwa kujiepuka ugonjwa hatari ya covid19. Mungu awa bariki nynyi wote. Na.twesigye edward-cs kitagata Bushenyi.



Some of the best practices by small groups in establishing Nursery beds in Kitagata Cluster

FOR TIST general inquires about TIST expansion, Payments, Trainings, small group formation and registration, and Tree Planting call: **0785 - 322715 (TIST Answer Desk)**